



PARENTS

Recommend that your student's backpack weight not exceed 10% to 15% of their bodyweight – weigh on home scale

EXAMPLE

50-pound student = 5 to 7.5-pound backpack

100-pound student = 10 to 15-pound backpack



Allen Parish
Community Healthcare

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MISSION

Together we will partner with you to provide individualized healthcare.

VISION

We are committed to designing and providing quality, efficient, individual healthcare for your family from ours by collaborating with community partners for continuity of care, close to home.